



LV Prasad Eye Institute
Kallam Anji Reddy Campus
L V Prasad Marg, Banjara Hills
Hyderabad, INDIA



Collaborating Centre for
Prevention of Blindness

**Dr P R K Prasad Centre
for Rehabilitation of
Blind and Visually Impaired
&
Meera & L B Deshpande
Centre for Sight Enhancement**

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A Positive Attitude Changes Everything

There was a very poor man who lived in a village. He had a beautiful horse. The horse was so good that the richest man in the village wanted to buy it. But the old man always refused to sell it saying, "This horse is my friend. How can I sell you my friend?"

One morning he found his horse missing gone. The villagers scolded him, "We advised you to sell your horse, but you never listened. Now your horse has been stolen, what bad luck!"

The old man replied, "Bad luck or good luck, who knows?"

Everyone laughed at him. But a few days later his horse returned with a whole herd of wild horses. The horse had escaped from the stable, courted a young mare, and returned with the rest of the herd following behind. Now the villagers said, "What good luck!"

The old man and his family started training these wild horses. A week later, the old man's son broke his leg while trying to train a horse. Again the villagers commented, "Bad luck! What will you do now? Your son cannot help you. You are already so poor... Poor you!".

The old man replied, "Bad luck or good luck, who knows?"

A few days later the king's army passed through the village and forced every young man to join his army. All but except one - the old man's son escaped as his leg was broken.

The villagers cried, "How lucky you are! You have your son; our sons will probably get killed in the war. What good luck!"

The old man replied, "Bad luck or good luck, who knows?"

The future arrives in bits and pieces. We do now know what lies in store for us. But if you have a positive attitude to life the door of destiny remains open, making you happy always. It depends on you how you perceive things that happen in your life.

What the caterpillar calls the end, the rest of the world calls a butterfly!

Thought for the Day

If you judge people, you have no time to love them.
- Mother Teresa

THINK DIFFERENTLY

1. How can you drop a raw egg onto a concrete floor without cracking it?
2. If it took eight men ten hours to build a wall, how long would it take four men to build it?
3. How can a man go eight days without sleep?
4. A carpenter had to cut a very heavy 10-foot plank into 10 equal sections. If it takes 1 minute per cut, how long will it take him to get the 10 equal pieces?
5. How could all of your cousins have an aunt who is not your aunt?

RIDDLES

1. What has a ring, but no finger?
2. Which state is the Bay of Bengal in?
3. How many cookies can you eat on an empty stomach?
4. What is it that you will break even when you name it?
5. What loses a head in the morning but gains a head at night?
6. What is the last word in the English language?
7. What starts with an 'e', ends with an 'e', and has only one letter in it?
8. What has cities without houses, rivers, without water, and forests without trees?
9. What vehicle is spelled the same backwards and forwards?
10. Which city has no people?

To check this page answers go to page 7

JUST FOR FUN

Girl: What did you get that little medal for?

Boy: For singing.

Girl: What did you get the big one for?

Boy: For stopping.

Raj: What did you get on your birthday?

Ravi: A set of drums - it is the best present I have ever had.

Raj: Why?

Ravi: Because my father gives me Rs 100 a week for not playing them.

Teacher: What did Mahatma Gandhi give us?

Rekha: Ma'am, he gave us a holiday for 2nd October.

Son: Daddy, have you ever been to Egypt?

Father: No, why do you ask?

Son: Then where did you get mummy from?

Teacher: If "can't" is short for "cannot," what is "don't" short for?

Student: Doughnut.

KIRAN BEDI - FIRST AND HIGHEST RANKING INDIAN WOMAN

Kiran Bedi was born on June 9, 1949. Her father Prakash Lal Peshawaria, a landlord in Punjab, was determined to educate his four daughters at a time when women were mostly confined to their homes.

While studying at the Sacred Heart Convent, Kiran joined the National Cadet Corps (NCC) and took up tennis, a game that her father used to play. After school she studied Political Science at the

Government College for Women, Amritsar. She loved the subject; she felt it taught her a lot about her role as a citizen of the country. Kiran excelled at sports, particularly tennis. She won the inter-University women's team title and bagged the national title as well as the Asian title in tennis. Kiran Bedi says the game taught her the value of hard work, the importance of staying fit and built in her the qualities of fair play, team work, concentration, and the ability to give in that extra bit under stress.

In 1972, Kiran was selected for the Indian Police Service (IPS).

Did you know?

Kiran Bedi was the first woman police officer of the Indian Police Service. Spectators at the 1973 Republic Day Parade were amazed to see a lady at the head of the police

contingent. The then Prime Minister, Mrs. Indira Gandhi, was so impressed that she invited Kiran for breakfast with her the very next day.

Eminent writer Khushwant Singh, in his column 'With Malice Towards One And All' described Kiran Bedi as "The gutsiest woman I have ever known".

Highlights of Career

Recipient of the prestigious Ramon Magsaysay Award (also called the Asian Nobel Prize), and several other decorations, Dr Bedi is an author of several books, anchors radio and television shows and is a columnist with leading newspapers and magazines. She is a sought after speaker on social, professional and leadership issues.

She is the founder of two NGOs, Navjyoti and India Vision Foundation, which reach out to over 10,000

beneficiaries daily, in the areas of drug abuse treatment, schooling for children of prisoners, as well as education, training, counseling, and health care to the urban and rural poor.

Kiran Bedi has been voted as India's most admired woman and fifth amongst all Indians.

GENERAL KNOWLEDGE

1. Who won the Gold medal for India at the Olympics 2008?

- a. Sushil Kumar
- b. Vijender Kumar
- c. Abhinav Bindra
- d. Anju Bobby George

2. Which classical composer became deaf near the end of his life?

- a. Beethoven
- b. John Adams
- c. Barbara White
- d. A R Rehman

3. Where are the Ajanta Caves located?

- a. Maharashtra
- b. Karnataka
- c. West Bengal
- d. New Delhi

4. What is the capital of Singapore?

- a. Victoria
- b. Bratislava
- c. Freetown
- d. Singapore

5. What is the sugar found naturally in milk known as?

- a. Lactose
- b. Fructose
- c. Sucrose
- d. Glucose

Pearls of Wisdom

Often people think that opportunity is a matter of luck. I believe opportunities are all around us. Some seize it. Others stand and let it pass by.

- Dhirubai Ambani

ANSWERS

THINK DIFFERENTLY

Answers:

1. Concrete floors are very hard to crack!
2. No time at all, it is already built!
3. No problem, he sleeps at night!
4. 9 minutes. It only takes 9 cuts to get 10 equal sections.
5. Your mother is their aunt!!!

RIDDLES

Answers:

1. A telephone
2. Liquid
3. Only one
4. Silence
5. A pillow
6. Language
7. An envelope.
8. A road map
9. Racecar
10. Electricity

GENERAL KNOWLEDGE

Answers:

1. c. Abhinav Bindra
2. a. Beethoven
3. a. Maharashtra
4. d. Singapore
5. a. Lactose

Dear Parents/Teachers

"Do encourage your ward to send us their piece of work for publication in "Rainbow" (jokes, stories, paintings, interesting events, etc.) we are appreciating the children who sent paintings for this newsletter".

Proverb

Failure is the stepping-stone to success.

ABBREVIATIONS

GMT	- Greenwich Mean Time
PTO	- Page Turn Over
FYI	- For Your Information
CEO	- Chief Executive Officer
MCI	- Medical Council of India
DD	- Demand Draft

WORD SEARCH - FAMILY RELATIONSHIP

Family



AUNT	FATHER	NIECE
BABY	GRANDMA	PARENTS
BROTHER	GRANDPA	SIBLING
COUSIN	MOM	SISTER
DAD	MOTHER	SON
DAUGHTER	NEPHEW	UNCLE

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Greeting cards based on paintings by children with visual impairment are available for sale. Please contact Vision Rehabilitation Centres, LVPEI.