Clinical Internship in Optometry
(July 2022 - July 2023)
Clinical Internship in Optometry

Objective: To provide hands-on experience and enhance patient care management skills through practical-based training under the expert guidance of the LVPEI faculty.

Program structure: During the 13 months of clinical training, after 3 months of pre clinical training each trainee will be rotated through comprehensive, subspecialty clinics for practical-based training.

Program details

<table>
<thead>
<tr>
<th>Program duration</th>
<th>13 months</th>
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<tbody>
<tr>
<td>Internship start date</td>
<td>01 July 2022</td>
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<tr>
<td>Eligibility</td>
<td>Candidate should have completed third year of optometry training (without any backlog/s) from a recognized optometry school/college/institute</td>
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<td>Selection process</td>
<td>On merit basis, through on-line written test (50 MCQs, Syllabus: B Optometry 1-3rd year)</td>
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<td>Online exam</td>
<td>All the eligible candidates will informed about the exam details prior to exam (2-3 days in advance). Also a mock exam is conducted to familiarize with on-line exam platform.</td>
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<td>Last date of application</td>
<td>15 May 2022</td>
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<td>Date of on-line examination</td>
<td>29 May 2022</td>
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<tr>
<td>Application fee</td>
<td>1180/- INR (inclusive of GST)</td>
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<td>Internship course fee</td>
<td>1,20,360/- INR (Tuition fee: 1,02,000/- INR + GST 18,360/- INR)</td>
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<td>Food charges</td>
<td>If a trainee chooses to stay in the hostel, then the food charges, INR 25,200/- for 6 months, to be paid at the time of admission</td>
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<td>Accommodation</td>
<td>Shared accommodation provided on the campus at no cost to the trainee</td>
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<td>Applications</td>
<td>Available at <a href="http://www.lvpei.org">www.lvpei.org</a> (admission notification will be seen under upcoming events)</td>
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<td>Internship locations</td>
<td>LVPEI network including tertiary, secondary and primary eye care centres.</td>
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<td>Requirement</td>
<td>Intern should bring one’s own Retinoscope, trial frame and Jackson’s Cross Cylinder (JCC) for training</td>
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On-line application instructions

• Fill the on-line application form and upload the relevant certificates
• After submitting application form, pay the on-line application fee
• Application submission is successful only after making the payment of application charges
• Any incomplete forms (including failing to attach all the above-mentioned documents) will be disqualified
Learning Objectives

1) Patient care: Students must be able to provide patient care that is compassionate, appropriate, and effective. At the end of their internship, students should be able to:

- Use appropriate interviewing skills to elicit an accurate and thorough history, addressing the onset and persistence of the condition in the context of the patient’s life
- Perform a detailed and accurate examination of the eye in a timely manner
- Choose a diagnostic and management intervention based on sound reasoning using all the tools of evidence-based practice of optometry
- Communicate effectively with General Practitioners, other health professionals, and health-related agencies to coordinate care and improve patient safety and quality of care
- Recognise limits of clinical expertise and seek help appropriately

2) Optometric knowledge: Students must demonstrate knowledge about established and evolving basic and clinical science, as well as the application of this knowledge to patient care. At the end of their internship, students should be able to:

- Use clinical reasoning processes to interpret data to derive a differential diagnosis and develop a clinical management plan, including in the areas of Anterior Eye, Binocular Vision, Contact Lenses, Glaucoma, Low Vision, Medical Retina, and Paediatrics
- Select, justify, and interpret appropriate clinical tests and diagnostic procedures with attention to benefits, harm and cost
- Demonstrate knowledge of the ethical, moral and legal foundations of optometric care
- Recognise the social determinants of vision disorders and disease, and the influence of physical, social and cultural environments

3) Practice-based learning and improvement: Students must be able to investigate and evaluate their approach to patient care, appraise and assimilate scientific evidence, and continuously improve patient care based on self-evaluation and life-long learning. At the end of their internship students should be able to:

- Demonstrate an ability to identify strengths and weaknesses in knowledge and skills, and seek opportunities to strengthen those deficits
- Demonstrate the ability to give and receive constructive, formative feedback to enhance patient care
- Utilise established patient pathways to provide care to patients and help develop pathways to improve safe, quality patient care
- Utilise information technology in the practice of life-long learning and to support patient care
- Raise awareness on various topics of eye care
4) Interpersonal and communication skills: Students must be able to demonstrate interpersonal and communication skills that result in effective information exchange with patients, patients’ families, and professional associates. At the end of their internship, students should be able to:

- Communicate effectively with patients and families across a broad range of socioeconomic and cultural backgrounds, and demonstrate sensitivity in the care of patients by treating them as an individual with consideration of age, culture, disability, education, ethnicity, gender, gender identity, race, religion, sexual orientation, and socioeconomic background
- Communicate perceptively in difficult situations including: giving bad news, disclosing errors, and working with distressed patients and their family members
- Articulate an accurate clinical question when needed to support collaborative care

5) Professionalism: Students must demonstrate adherence to ethical principles, and a commitment to carrying out professional responsibilities in the best interest of the patient and the community. At the end of their internship students should be able to:

- Apply principles of autonomy, beneficence, and justice, and work to resolve ethical dilemmas with other eye care professionals (e.g., Ophthalmologists) as they arise in clinical practice
- Demonstrate honesty, integrity, respect, reliability, responsibility, and confidentiality in all interactions with patients, families, colleagues, and other professional contacts
- Show commitment to lifelong cultivation of empathy, compassion, self-compassion, and self-care.
- Show commitment to the prevention of vision disorders and eye disease and injury and the promotion of health and well-being within the community.