



16-17 September 2023 Program Schedule

Day 1: 16th September 2023 (Saturday): Learn to 'FIT' & 'FIT' to Learn!

TIME (IST)	TOPIC	SPEAKER
Session 1: Soft Contact Lens		
09:00 - 09:10	Welcome address	Dr Srikant Sahu
09:10 - 09:40	Contact lens terminology	Adyashakti Subhangi Tripathy
09:40 - 10:10	Soft contact lens fitting	Gowthami Neredimilli
10:10 - 10:30	Soft toric contact lens fitting	Puspanjali Mishra
10:30 - 10:50	Tea break and Photographs	
10:50 - 11:10	Prosthetic and cosmetic contact lens	Umasankar Barik
11:10 - 11:40	Soft contact lenses complications	Dr Anchal Arora
11:40 - 11:55	Discussion	
Session 2: RGP Contact Lens		
12:00 - 12:30	Rigid gas permeable contact lens fitting	Arnav Ghosh
12:30 - 13:00	Contact lens options in keratoconus	Manish Bhagat
13:00 - 13:20	Case presentation	Manish Bhagat/ Umasankar Barik
13:20 - 13:50	RGP contact lens complications	Dr Sonali Sahoo
13:50 - 14:00	Discussion	
14:00 - 14:45	Lunch break	
Session 3: Scleral Contact Lens		
14:45 - 15:15	Scleral contact lenses: Design and fitting	Manideepak Januwada
15:15 - 15:45	Scleral contact lens in ocular surface disorders	Dr Smruti Priyadarshini Rekha
15:45 - 16:00	Discussion	
16:00 - 16:15	"How to set up your contact lens practice"	Sandeep Reddy Padamati
16:15 - 17:00	Tea break and Photographs	

Day 2: 17th September 2022 (Sunday): Spot the Lens 'Live'!

TIME (ISD)	TOPIC	SPEAKER
09:00 - 09:10	Introduction	
LIVE demonstration and Discussion		
09:10 - 09:50	Soft spherical lens	Adyashakti Tripathy/ Gowthami Neredimilli/ Puspanjali Mishra
09:55 - 10:25	Soft toric lens fitting	Puspanjali Mishra/ Gowthami Neredimilli/ Adyasakti Tripathy
10:25 - 11:25	RGP lens fitting	Umasankar Barik/ Manish Bhagat/ Arnav Ghosh
11.30 - 11:50	Quiz	All
11:50 - 12:15	Vote of thanks and certificate distribution	Dr Smruti Priyadarshini Rekha
12:15 - 13:15	Lunch	