

“Connect to FIT” & “FIT to Connect”

Time (IST)	Topic	Speakers	Duration (minutes)
8:30 - 8:50	Registrations		20
8:50 - 9:00	Welcome Address	Dr Bhavik Panchal and Dr Shilpa Tarini	10
Session 1: Soft Contact Lens			
9:00 - 9:30	Do material and design matter?	Ramkumar DSV	30
9:30 - 10:00	Soft contact lens parameter selection & fitting assessment	N Gowthami	30
10:00 - 10:20	Soft toric contact lens fitting	N Gowthami	20
10:20 - 10:40	Tea break/Photo session		20
10:40 - 11:00	Prosthetic soft contact lens	S Sarada	20
11:00 - 11:30	Soft contact lenses complications	Dr Mugundhan Rajarajan	30
11:30 - 11:40	Discussions		10
Session 2: RGP Contact Lens			
11:40 - 12:10	Corneal Topography : An important tool in CL fitting	D Manikanda Prabhu	30
12:10 - 12:40	Rigid contact lens fitting	Arnav Ghosh	30
12:40 - 13:10	Contact lens options in Keratoconus	Kiranmayi Chappidi	30
13:10 - 13:40	RGP contact lens complications	Dr Shilpa Tarini	30
13:40 - 13:50	Discussions		10
13:50 - 14:30	Lunch break		40
Session 3: Scleral Contact Lens			
14:30 - 15:00	Scleral contact lenses - An overview	Ramkumar DSV	30
15:00 - 15:30	Scleral contact lens in ocular surface disorders	D Manikanda Prabhu	30
15:30 - 15:45	Discussions		15

Day 2: Sunday, 23rd April 2023

LIVE Lens Application

Time (IST)	Topic	Speakers	Duration (minutes)
9:00 - 9:10	Introduction	Ramkumar DSV	10
9:10 - 9:40	JAM Pearls	Kiranmayi Chappidi / Ramkumar DSV / D Manikanda Prabhu	30
LIVE demonstration and interactive sessions			
9:40 - 10:20	Soft spherical lens	Arnav Ghosh/ D Manikanda Prabhu	40
10:20 - 10:45	Soft toric lens fitting	N Gowthami/ Kiranmayi Chappidi	25
10:45 - 11:45	RGP lens fitting	Ramkumar DSV/ Arnav Ghosh / D Manikanda Prabhu / Kiranmayi Chappidi	60
11:45 - 12:00	Vote of Thanks and Certificate distribution	Ramkumar DSV and N Gowthami	15