



# Academic Retreat for postgraduate trainees in ophthalmology



**21 - 27 April 2024**

**L V Prasad Eye Institute**  
Shirin, Etian & Tara Brown Eye Centre, Kismatpur, Hyderabad

## Day-1: Sunday, 21<sup>st</sup> April 2024 (Talks and interactive sessions)

Time	Event & Session Details	
8:00 AM - 8:30 AM	Registration	
8:30 AM - 9:00 AM	Breakfast	
9:00 AM - 03:00 PM	<b>Hands-on Training</b>	
	Station 1	Basics of Corneal Suturing, Technique of Amniotic Membrane Grafting, Tissue Adhesive Application, Technique of Limbal biopsy
	Station 2	Basics of Strabismus Surgery Procedures
10:30 AM -11:00 AM	Tea Break	
	Station 3	Lasers in Retina, Intravitreal Injections
12:30 PM - 1:30 PM	Lunch Break	
	Station 4	3D Disc Show, Measuring Intraocular pressure, Gonioscopy, Visual Fields, Lasers in Glaucoma
	Station 5	Deciphering Orbital Fractures: An Analytical Approach to Diagnosis and Management, Eyelid and Canalicular Suturing techniques
3:00 PM - 4:00 PM	Walk through 3H with Gullapalli N Rao	
4:00 PM - 4:30 PM	Tea Break	
4.30 PM - 6.00 PM	Curiosity-based Learning – Medical Retinal Disorders: Aditya Kapoor	



**Hands | Head | Heart**

## Academic Retreat for postgraduate trainees in ophthalmology



**21 - 27 April 2024**

**L V Prasad Eye Institute**  
Shirin, Etian & Tara Brown Eye Centre, Kismatpur, Hyderabad

### Day-2: Monday, 22<sup>nd</sup> April 2024 (Talks and interactive sessions)

Time	Topic	Speaker
7:00 AM - 8:30 AM	Transitioning from Conventional to 3H style as a Learning Strategy for Macular Disorders	Raja Narayanan
8:30 AM - 9:00 AM	Breakfast	
9:00 AM - 10.30 AM	Problem-based Approach to Diabetic Retinopathy	Brijesh Takkar
10.30 AM - 11:00 AM	Tea Break	
11:00 AM - 12:30 PM	Can I learn Vitreo-Retinal Disease Better with 3 D Teaching Module	Avinash Pathengay
12:30 PM - 1:30 PM	Lunch Break	
1:30 PM - 3:00 PM	Retinal Vein Occlusion Made Easy through Microlearning	Navya Cherukuri
3:00 PM - 3:30 PM	Tea Break	
3:30 PM - 4:30 PM	Uveitis 101: Story-based Learning (Systemic and Ocular Correlation)	Anup Kelgaonkar
4:30 PM - 5:30 PM	Posterior Ocular Infections: Enquiry-based Learning	Avinash Pathengay
5:30 PM - 6:30 PM	5 simple protocols in the management of Uveitis: Case-based Learning	Anup Kelgaonkar



**Hands | Head | Heart**

# Academic Retreat for postgraduate trainees in ophthalmology



**21 - 27 April 2024**

**L V Prasad Eye Institute**  
Shirin, Etian & Tara Brown Eye Centre, Kismatpur, Hyderabad

## Day-3: Tuesday, 23<sup>rd</sup> April 2024 (Talks and interactive sessions)

Time	Topic	Speaker
7:00 AM - 8:30 AM	Smooth Sailing through Corneal Emergencies: Case-based Discussion	Shilpa Tarini
8:30 AM - 9:00 AM	Breakfast	
9:00 AM - 10:30 AM	Ocular Surface Diseases Demystified: Algorithmic Problem Solving	Sayan Basu
10:30 AM - 11:00 AM	Tea Break	
11:00 AM - 12:30 PM	Debugging the Corneal Bugs: Case-based Discussion	Merle Fernandes
12:30 PM - 1:30 PM	Lunch Break	
1:30 PM - 3:00 PM	Epi to Endo - Breaking Down Keratoplasty: Video-based Workshop	Aravind Roy and Kavya Chandran
3:00 PM - 3:30 PM	Tea Break	
3:30 PM - 5:00 PM	Battling the Bulge: All You Need to Know About Corneal Ectasias - Decoding Tomography!	Pravin Krishna Vaddavali



**Hands | Head | Heart**

# Academic Retreat for postgraduate trainees in ophthalmology



**21 - 27 April 2024**

**L V Prasad Eye Institute**  
Shirin, Etian & Tara Brown Eye Centre, Kismatpur, Hyderabad

## Day-4: Wednesday, 24<sup>th</sup> April 2024 (Talks and interactive sessions)

Time	Topic	Speaker
7:00 AM - 8:30 AM	Workshop on Empathetic Communication	Nibedita Sahoo
8:30 AM - 9:00 AM	Breakfast	
9:00 AM - 10:00 AM	A Drop of Aqueous in the Ocean called Eye: The Journey, the Companions, the Neighbours and the Implications	Siddharth Dikshit
10:00 AM - 11:00 AM	Measuring IOP without Pressure: A Peek into the Angle	G Chandrasekhar
11:00 AM - 12:00 PM	A Potpourri of Clinical Scenarios: Practical Decision-Making	Nibedita Sahoo
12:00 PM - 1:00 PM	The Three Musketeers - Friends or Foes: Making Sense of Disc--Fields--OCT	G. Chandrasekhar
1:00 PM - 2:00 PM	Lunch Break	
2:00 PM - 3:00 PM	Glaucoma Surgeries: What, When, and How	Sirisha Senthil
3:00 PM - 4:00 PM	Simple or Complex: The Tale of Angle Closure Glaucoma	Siddharth Dikshit
4:00 PM - 4:30 PM	Tea Break	



# Academic Retreat for postgraduate trainees in ophthalmology



**21 - 27 April 2024**

**L V Prasad Eye Institute**  
Shirin, Etian & Tara Brown Eye Centre, Kismatpur, Hyderabad

## Day-5: Thursday, 25<sup>th</sup> April 2024 (Talks and interactive sessions)

Time	Topic	Speaker
7:00 AM - 8:00 AM	We Think, Therefore We Are	Anubha Rathi
8:00 AM - 8:30 AM	Breakfast	
8.30 AM - 9.30 AM	Head and Heart before the Hand - Case-based Group Discussion on Pre-operative Planning of Cataract Surgery	Anubha Rathi
9:30 AM - 10:30 AM	Science of Cataract Surgery - Brainstorming on Phacodynamics	Prashant Garg
10:30 AM - 11:00 AM	Tea Break	
11.00 AM - 12.00 noon	Train the Hands Step by Step - Video-based Approach to SICS	Rashmi Deshmukh
12.00 noon - 1.00PM	Train the Hands Step by Sep – Video-based Approach to Phacoemulsification	Siddharth Dikshit
	Safe Hands - Problem-based Approach to Intraoperative Posterior Capsular Rent	Siddharth Dikshit
1:00 PM - 2:00 PM	Lunch Break	
2:00 PM - 2.45 PM	Widen your Horizon - Problem-based Approach to Cataract Surgery in Small Pupil	Sirisha Senthil
2.45 PM - 3.30 PM	Be the Hands that Support - Skill Transfer of Cataract Surgery in Zonular Weakness	Merle Fernandes
3:30 PM - 4:00 PM	Tea Break	
4.00 PM - 5.00 PM	So that they may see without aids - Problem-based Approach to Laser Vision Correction	Pravin Krishna Vaddavali



**Hands | Head | Heart**

# Academic Retreat for postgraduate trainees in ophthalmology



**21 - 27 April 2024**

**L V Prasad Eye Institute**  
Shirin, Etian & Tara Brown Eye Centre, Kismatpur, Hyderabad

## Day-6: Friday, 26<sup>th</sup> April 2024 (Talks and interactive sessions)

Time	Topic	Speaker
7:00 AM - 8:30 AM	A to Z of Squint Evaluation: A Collaborative Workshop	Divya Natarajan
8:30 AM - 9:00 AM	Breakfast	
9:00 AM - 10:30 AM	Strabismus through Microlearning - Learn all about Esotropia and Exotropia	Ramesh Kekunnaya
10:30 AM - 11:00 AM	Tea Break	
11:00 AM - 12:30 PM	Decipher Disc Edema with Analytical Thinking	Virender Sachdeva
12:30 PM - 1:30 PM	Lunch Break	
1:30 PM - 3:00 PM	Game-based Learning of External & Internal Ophthalmoplegia	Manjushree Bhate
3:00 PM - 3:30 PM	Tea Break	
3:30 PM - 5:00 PM	Video-based Interactive Learning of Pediatric Cataract - Evaluation & Management	Vivek Warkad



**Hands | Head | Heart**

# Academic Retreat for postgraduate trainees in ophthalmology



**21 - 27 April 2024**

**L V Prasad Eye Institute**  
Shirin, Etian & Tara Brown Eye Centre, Kismatpur, Hyderabad

## Day-7: Saturday, 27<sup>th</sup> April 2024 (Talks and interactive sessions)

Time	Topic	Speaker
7:00 AM - 8.30 AM	Get Creative in Plasty	Kavya M Bejjanki
8:30 AM - 9:00 AM	Breakfast	
9:00 AM - 10:30 AM	A Virtual Tour of Oculoplastic and Ocular Oncology Imaging: Explore & Discover	Devjyoti Tripathy
10:30 AM - 12:00 noon	Current Trends in Blepharoptosis Management: Reflect & Respond	Milind Naik
12:00 noon - 1:30 PM	Symposium on ocular oncology with an analytical approach to diagnosis and management	Swathi Kaliki
1:30 PM - 2:30 PM	Lunch	
2:30 PM - 4:00 PM	Concept Mapping of Proptosis: Exploring Multifaceted Perspectives and Approaches	Suryasnata Rath
4:00 PM - 5:00 PM	Revealing Hidden Insights in Onco-Pathology: An Abstract Thinking	Dilip K Mishra
5.00 PM onwards	Certificate Distribution	