



Program Schedule

Day-1: Soft Contact Lens Session (Friday, July 10, 2026)

TIME	TOPIC	SPEAKERS
08:00 – 08:50 a.m.	Registrations / Breakfast	
08:50 – 09:00 a.m.	Welcome Address	Pravin K Vaddavalli
09:00 – 09:20 a.m.	Understanding Soft Contact Lenses: Essential Optics and Terminology	Lavanya Kalikivayi
09:20 – 09:40 a.m.	Mastering Soft Spherical Lens Fitting: From Examination to Dispensing	Nilesh Thite
09:40 – 10:00 a.m.	Astigmatism Management with Soft Toric Contact Lenses	Nilesh Thite
10:00 – 10:20 a.m.	Transforming Lives with Cosmetic and Prosthetic Soft Contact Lenses	Saivardhan Palavalasa
10:20 – 10:40 a.m.	Panel Discussion	All Speakers
10:40 – 11:00 a.m.	Tea Break	
11:00 – 11:20 a.m.	Pediatric Contact Lenses: From First Fit to Long-Term Success	Kiranmayi Chappidi
11:20 – 11:40 a.m.	Beyond Reading Glasses: Managing Presbyopia with Soft Contact Lenses	Lakshmi Shinde
11:40 – 12:10 p.m.	Soft Contact Lens Complications: Recognition, Prevention, and Management	Tanmay Gokhale
12:10 – 12:30 p.m.	Ocular Surface Characteristics and Their Association with Soft Contact Lens Fitting	James Wolffsohn
12:30 – 12:45 p.m.	Panel Discussion	All Speakers
12:45 – 13:00 p.m.	Group Photo	
01:00 – 01:40 p.m.	Lunch Break	
01:40 – 02:00 p.m.	New Treatments for Managing Contact Lens-Related Discomfort and Dry Eye	Mark Duncan Willcox
02:00 – 02:20 p.m.	The Critical Role of Care Solutions in Contact Lens Wear	Khemraj Nackwal
02:20 – 03:00 p.m.	Live Demonstration	Ruby Kala Prakasam, Nilesh Thite, Maneesh Jha, Anindita Sutradhar, Khemraj Nackwal
03:00 – 05:15 p.m.	Hands-on Sessions on Soft Contact Lens Fitting / Tea Break	Contact Lens Team
05:15 – 05:30 p.m.	Quiz & Announcement	Kiranmayi Chappidi



Program Schedule

Day-2: Rigid Corneal Lens Session (Saturday, July 11, 2026)

TIME	TOPIC	SPEAKERS
08:15 – 08:45 a.m.	Registrations / Breakfast	
08:45 – 09:05 a.m.	Back to Basics: Rigid Contact Lens Designs and Indications	Lakshmi Shinde
09:05 – 09:25 a.m.	Insights into Topography: Enhancing Contact Lens Practice	Kiranmayi Chappidi
09:25 – 09:45 a.m.	Rigid Gas Permeable Lenses for Regular Corneas: Design, Fitting, and Success	Ruby Kala Prakasam
09:45 – 10:05 a.m.	Customizing Rigid Lenses (Ectasia to Astigmatism): Selecting Front Toric, Back Toric, and Bitoric Designs	Nagaraju Konda
10:05 – 10:20 a.m.	Panel Discussion	All Speakers
10:25 – 10:40 a.m.	Tea Break	
Ortho-k Design Studio		
10:40 – 11:00 a.m.	A Practical Guide to Myopia Management: Timing, Rationale, and Treatment Options	Pavan Kumar Verkicharla / Sujit Shah
11:00 – 11:20 a.m.	Safety and Efficacy of Orthokeratology in Human and Animal Models	Mark Willcox
11:20 – 11:40 a.m.	Overview of Orthokeratology and Myopia Management: Patient Selection, Fitting, and Follow-Up	Yeshwant Saoji
12:00 – 12:20 p.m.	Uncovering Aspects of Toricity : Case-Based Approach	Maneesh Jha
12:20 – 01:00 p.m.	Live Demonstration (Myopic, Hyperopic and Presbyopic Ortho-k Lenses) & Discussion	Kiranmayi Chappidi, Maneesh Jha, Lakshmi Shinde & Yeshwant Saoji
01:00 – 01:45 p.m.	Lunch Break	
01:45 – 02:00 p.m.	Empowering Eye Care Practitioners	Bausch and Lomb (KhemRaj)
02:00 – 03:00 p.m.	Free Paper Presentation	Delegates
03:00 – 03:45 p.m.	Live Demonstration of Rigid Corneal Lenses	Lakshmi Shinde, Ruby Kala Prakasam, Anindita Sutradhar, Rupesh Mehta, Gowthami Neredimalli
03:45 – 05:30 p.m.	RGP Hands-on Session	Contact Lens Team
05:30 – 05:45 p.m.	Quiz	



Program Schedule

Day-3: Scleral Lens Session (Sunday, July 12, 2026)

TIME	TOPIC	SPEAKERS
08:15 – 08:45 a.m.	Registrations / Breakfast	
08:45 – 09:05 a.m.	Anatomy Matters: Unlocking the Secrets of Scleral Lens Design	Gowthami Neredimalli
09:05 – 09:25 a.m.	Scleral Profilometry in Modern Practice: Enhancing Fit, Comfort, and Vision	Kiranmayi Chappidi
09:25 – 09:45 a.m.	From Vault to Vision: Deep Diving into Scleral Lens Fitting	Anindita Sutradhar
09:45 – 10:05 a.m.	Beyond the Surface: Replacing the Ocular Ecosystem	Sayan Basu
10:05 – 10:20 a.m.	From Symptoms to Solutions: A Case-Based Approach to Ocular Aberrations	Maneesh Jha
10:20 – 10:30 a.m.	Panel Discussion	All Speakers
10:30 – 11:05 a.m.	Tea Break	
11:05 – 11:25 a.m.	Navigating Complexity: A Case-Based Discussion of BSS and PROSE	Rupesh Mehta
11:25 – 11:55 a.m.	Scleral Lens Dk and Application Solution Effects on Corneal Edema and Fluid Reservoir Turbidity	Maria Walker
11:55 – 12:15 p.m.	Expect the Unexpected: Managing Scleral Lens Complications	Saivardhan Palavalasa
12:15 – 12:45 p.m.	Setting up Independent Clinical Practice	Yeshwant Saoji
12:45 – 1:00 p.m.	Panel Discussion	All Speakers
01:00 – 01:40 p.m.	Lunch Break	
01:40 – 02:00 p.m.	Prize and Certificate Distribution	Kiranmayi Chappidi + B & L Team
02:00 – 05:00 p.m.	Manufacturing Lab Tour and Scleral lens Hands-on Session (Kismatpur)	Anindita Sutradhar, Maneesh Jha, Saivardhan Palavalasa, Ruby Kala Prakasam